



LTD

Voluntary Organisation In health & Social care Education
Registered Charity No: 1117216



Voise Volunteer Information event Saturday 11th July 2009
10 > 1 p.m.

What is Volunteering?

" If you do any activity that involves doing something that benefits the environment or someone else. If you do it unpaid and not just for a close relative, If you choose to do this activity by choice, Made freely by you and not because you've been told to. If you do this through a public, private or voluntary organisation, Or indeed by informal community participation, Then which is more you'll be a volunteer my friend". (Kipling)



Why Volunteer?

Volunteering can add a great deal to your life and the lives of those for whom you volunteer. It offers you a chance to become involved in a project or with an organisation you really care about as well as an opportunity to meet new and like-minded people. It also gives you the chance to try out something different to your 'everyday' job, which may lead on to new career options.

Community groups and organisations benefit from the input of volunteers by gaining a new and valued perspective on their work as well as the precious resource of time. Even a small commitment can have a lasting effect on an organisation and the people it represents.



Who can volunteer?

The simple answer is anyone! There is no upper age limit. Voise actively welcomes people from all backgrounds and countries.

There are limited opportunities for people aged under 18 (please call us on 01772 679888 for advice).

If you are interested in volunteer opportunities in addition to helping your community please come along to this exciting event and support good causes in the area.

Please contact Cathy Keany on 01772 679888 (e-mail cathy.keany@voise.info) for more details.